## How to monitor your symptoms during quarantine and under self-observation at home.

Check your body temperature every day.

Observe your fever (≥37.5C) and respiratory symptoms (cough, sore throat, difficulty breathing) and signs of fever



Record your health status every day in report system

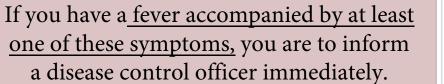


















Health care provider will monitor you every day