

Department of Disease Control

Weekly Disease Forecast No.64_Leptospirosis (27 June - 3 July 2016)

From the national disease system during 1 January to 16 June 2016, there were 712 Leptospirosis cases with 15 deaths. During the rainy season, Leptospirosis situation must be closely monitored.

Most Leptospirosis cases this year were male agricultural workers in 45 – 54 years age group. The highest morbidity rates were found in the Southern region followed by the Northeastern region.



According to this week disease forecast, during this rainy season, there is a continue risk of Leptospirosis especially among agricultural workers and people living in flooded areas.

The Department of Disease Control advises people with wounds on their skin to avoid wading in water in order to protect themselves from the infection. All agricultural workers and people in flooding areas should wear protective clothing such as rubber boots and rubber gloves and it is also advised to wash hands and feet immediately after exposure to potentially contaminated water.



Leptospirosis symptoms include high fever, headache, chills, muscle aches, calf muscle ache, jaundice (yellow skin and eyes) and red eyes which usually occur 1 to 2 weeks after exposure to contaminated water. The patients should go to hospitals nearby for prompt treatment. In severe cases, delay in seeking medical attention might end up with pulmonary complications and high mortality.

For queries or additional information, please call DDC hotline 1422.

