

Definitions and Guidelines for Management of Close Contacts of COVID-19 Probable/Confirmed Case

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Definitions of close contacts

Close contact refers to a person who has been exposed to a probable/confirmed case of COVID-19 on the day of the onset of illness, during symptomatic period of illness, or **2-3 days** before the onset of symptoms (for asymptomatic case, the date of specimen collection will be considered the date of illness onset).

Natures of contact include:

1. A person staying close to or having conversation with COVID-19 probable/confirmed case within a two-meter distance for >5 minutes; or being coughed or sneezed on by the case.
2. People who are in an enclosed space without proper ventilation with COVID-19 probable/confirmed case for a period longer than 30 minutes, e.g. in an air-conditioned vehicle or air-conditioned room.

Close contacts are divided into two groups:

3. **High-risk contacts:** Individuals with the above mentioned nature(s) of contact who were not wearing standard personal protective equipment (PPE) throughout the contact period
4. **Low-risk contacts:** Those contacts who do not meet the criteria of high-risk contacts

Guidelines for management of high-risk close contact of COVID-19 probable/confirmed case and other related activities

High-risk contact	Classification	High-risk contact management
Household close contact	1) Family members, relatives, caregiver of symptomatic COVID-19 probable/confirmed case, with a duration without face mask or cloth face covering of >5 minutes. 2) Individuals who live in the same household as symptomatic COVID-19 probable/confirmed case, with a duration without face mask or cloth face covering of >5 minutes.	- Home Quarantine for 7 days starting from the day after the day of last contact with COVID-19 probable/confirmed case as Day 1 and continue with self-monitoring for another 3 days. During the quarantine period, the person will be monitored by Disease Control Officer or CCRT Team or their designee to ensure the contacts adhere to the following practices. <ol style="list-style-type: none"> 1. Daily monitor body temperature and symptoms for 10 days starting from the day after the day of last contact with COVID-19 probable/confirmed case as Day 1. If fever or respiratory symptom is detected, notify CCRT immediately. 2. Home quarantine, wearing face mask, avoid close contact with others, separate bedroom, refrain from leaving home unnecessarily especially going to public or community areas for 7 days. 3. After 7 days of quarantine, avoid leaving home/accommodation, refrain

		<p>from public areas or using crowded</p>
		<p>public transportation; able to go to work by separating the area from others and strictly comply with DMHTTA measures for another 3 days.</p> <ul style="list-style-type: none"> - Specimen collection: ATK testing will be carried out by the health officer or self-testing under supervision of officer at least 2 times as follows: <ul style="list-style-type: none"> - First time on Day 1 or Day 6 starting from the day after the day of last contact with COVID-19 probable/confirmed case. - Second time on D 10 starting from the day after the day of last contact with COVID-19 probable/confirmed case. <p>In case the contact person has symptoms, perform ATK test immediately. If result is negative, repeat the test in 2-3 days, if the result is positive, follow DMS's clinical practice guidelines.</p>
<p>Close contact at school, workplace, and community</p>	<p>1) Students or co-workers include close friends who were interacting or mingling with symptomatic COVID-19 probable/confirmed case; AND who may have been exposed to respiratory secretions, cough, sneeze from COVID-19 probable/confirmed case.</p> <p>2) Individuals who live in the same community as COVID-19 probable/confirmed case or in another community, AND who have been exposed to respiratory secretions, cough, sneeze of the case</p> <p>3) Individuals other than those in 1) and 2) who are within two-meter distance from COVID-19 probable/confirmed case for >5 minutes without wearing face mask or cloth face covering</p>	<p>(Same as household close contact management)</p>

<p>Close contact during domestic transportation</p>	<p>1) Passengers who have been exposed to respiratory secretions, or cough, sneeze from COVID-19 probable/confirmed case</p> <p>2) Co-travelers in the same group as the case, for instance, passengers in the same tour group</p> <p>3) Passengers on board the same flight as probable/confirmed COVID-19 case, who are in close proximity to, sitting next to the case (only left and right), or in close contact with the case within 1 meter such as during waiting to go to the toilet, in the aisle with</p>	<p>(Same as household close contact management)</p>
	<p>one another without wearing face mask or cloth facecovering for >5 minutes</p> <p>4) Passengers in the same bus as COVID-19 probable/confirmed case; as for passengers in the same large vehicle as COVID-19 probable/confirmed case, e.g. train, double-decker bus, passenger ferry, only those in the same carriage/compartments/ cabin as COVID-19 probable/confirmed case, with a duration without face mask or cloth face covering of >5 minutes.</p> <p>5) Public bus driver and all staff onboard (except for commercial flight, in which only crew members who were providing inflight services in the area where COVID-19 probable/confirmed case was seated) and with a duration without face mask or cloth face covering of >5 minutes.</p>	
<p>Close contact during international transportation</p>	<p>1) Passengers on board the same flight as COVID-19 probable/confirmed case, who are in close proximity to, sitting next to the case (only left and right), or in close contact with the case within 1 meter such as during waiting to go to the toilet, in the aisle with one another without wearing face mask or cloth facecovering for >5 minutes</p> <p>2) Crew members who were providing inflight services in the area where COVID-19 probable/confirmed case was seated and with a duration without face mask or cloth face covering of >5 minutes.</p>	<p>- Passengers will be quarantined in state-designated quarantine facility for at least 7 days. RT-PCR testing will be carried out twice on first day of arrival and Day 5 or Day 6 or when having respiratory symptom.</p>
<p>Close contact of those who entered illegally into the kingdom</p>	<p>1) Detainees who were quarantined in the same room</p> <p>2) Staff who had history of contact with COVID-19 probable/confirmed case within 2 meters and with a duration without face mask or cloth face covering of >5 minutes.</p>	<p>Contacts will be quarantined in the same room for 14 days. ATK testing will be carried out twice as follows: 1st test during Day 0 - 1 after contact; 2nd test during Day 13 - 14 after contact</p>
<p>Close contact in HI/CI/field hospital/hospital</p>	<p>Follow DMS's Guidelines for healthcare workers (HCWs) who contacted with COVID-19 probable/confirmed case.</p>	

Close contact in prison	Isolate and follow guidelines on COVID-19 prevention and control of Department of Corrections which can be downloaded from http://www.correct.go.th/infosaraban64/letter/filepdf/1636529743.pdf
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Guidelines for management of low-risk contact of COVID-19 probable/confirmed case

Low-risk contacts are to live their normal life but should avoid traveling to crowded places. Self-monitoring should continue for 10 days starting from the day following the day of last contact with COVID-19 probable/confirmed case as day one. Strictly comply with DMHTTA measures. May consider screening with ATK. If fever or respiratory symptoms are observed, notify health authorities immediately in order to have specimens collected. Monitor symptoms and fever according to high-risk contact guidelines.